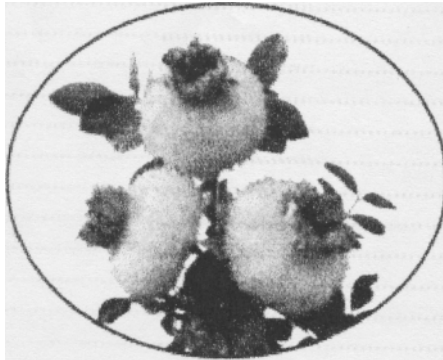


PROTOCOLS



RECOMMENDED PROTOCOLS

(Rev. 2/00)

The following are only suggestions and have been compiled from reports provided by those who have been helped and from extensive research by our staff. The information contained herein is NOT medical advice and is NOT intended to replace the advice or attention of health care professionals.

Please consult your health care provider before beginning any new dietary supplementation program.

These recommendations are for individuals 60 pounds and up. Reduce dose to one half for children 30-60 pounds, one quarter for children 10-30 pounds, and one eighth for infants.

These doses are intended for specific health issues; they are NOT intended for extended use. These protocols are NOT for general health, supplementation or to be used once homeostasis has been achieved.

As to our dosage range recommendations – always at the lowest amount suggested and gradually build to the recommended higher dosage. As you begin to feel better, cut back gradually to the lowest dosage. You should be able to tell the proper amount to take by the way you feel.

The statements contained herein have not been evaluated by the Food and Drug Administration.

Definitions of illnesses, diseases or disorders are taken all or in part from The American Heritage Stedman's Medical Dictionary and the World Book Dictionary.

The following standard measurements apply:

3 teaspoons (tsp) =1 tablespoon (TBL) = 1/2 ounce
2 tablespoons (TBL) =1 ounce

GENERAL INFORMATION

Most minerals should be taken early in the day except for: *Gold, Calcium, Copper* and at times, *Chromium*. *Gold*, especially, will produce a restful sleep.

Platinum, Potassium, Selenium and *Water of Life* should be taken in the morning as they have a tendency to stimulate the system.

Both *Selenium* and *Iron* are very powerful minerals, so please only take 1 teaspoon (tsp) daily unless otherwise directed. They are both minerals that will affect your sleep pattern if not taken early in the day.

Silver may be taken daily if desired. It is generally for use, however, when one is ill. If your immune system is lacking, it may be taken as a secondary support immune system.

The *Stabilized Oxygen* is highly concentrated and **SHOULD NOT EXCEED** 20 drops per day *unless otherwise recommended*. **DO NOT COMBINE THE DOSAGES**. If the protocol calls for "5 drops, three times daily", do NOT take 15 drops at one time.

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1. ACNE

An inflammatory disease of the sebaceous glands and hair follicles of the skin that is marked by the eruption of pimples or pustules, especially on the face.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|-----------------|
| 2 | Copper | 1 TBL |
| 4 | Germanium | 2 TBL |
| 4 | Silver | 3-4 TBL |
| 4 | Sulfur | 4 TBL |
| 2 | Water of Life | 2 TBL (morning) |
| 2 | Cili Fruit Raw Pulp | 1 TBL daily |
| 1 | Stabilized Oxygen | as directed |

Apply **ZINC** and **SILVER** topically to the affected area once or twice daily. It is best to mix **SILVER** and **ZINC** in a sterile container. The mixture may turn cloudy which is not of concern.

2. A.D.D. (ATTENTION DEFICIT DISORDER)

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|----------------------|-----------------|
| 1 | CGCZ | 1 TBL |
| 2 | Selenium | 1 TBL (morning) |
| 1 | Cili Fruit Chlorella | as directed |

If a hair sample shows 1 ppm of lead, the child will have a higher incidence of hyperactivity. Allergies in children are usually the result of sugar dyes (red dye) Remember to check the dosage for children on front page.

3. ADDICTION TO DRUGS , ALCOHOL AND/OR SMOKING

***Addiction** – A habitual psychological and physiological dependence on a substance or practice beyond one's voluntary control.

| <u>BOTTLES</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|----------------|-----------------------|---------------|
| 1 container | Cili Total Drug Detox | as directed |

A rule of thumb for any addiction problem when attempting to stop the cycle is to avoid (wherever possible) people, places and things that are directly related to the problem. It is a good idea to seek counseling or a support group.

****A special note to alcohol addiction:** Alcohol is metabolized as a sugar, and it is the sugar that is craved by the body when attempting to stop drinking. Many counselors will advise you to stop using caffeine and sugar, yet this makes the problem worse. When cravings occur, try having a little candy as it has been found to satisfy the cravings. You will have to slowly decrease the amount of candy or sweet to make this attempt successful.

4. AGE / LIVER SPOTS (SENILE LENTIGO)

A benign, localized brownish patch on the skin, often occurring in old age and most often in people with pale sun damaged skin.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|-----------------|
| 2 | Selenium | 1 TBL (morning) |

***Senile** – having reached an advanced stage of erosion.

****Lentigo** – a freckle, a round red spot.

5. AIDS

AIDS (Acquired Immune Deficiency Syndrome), a viral disease that attacks and breaks down the body's immune system, leading to serious and usually fatal infections and to a form of sarcoma: like hepatitis, **AIDS** is transmitted primarily through venereal routes (sexual intimacy) or by exposure to contaminated blood or blood products

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|----------------------|-----------------------------|
| 1 | Acidophilus | as directed |
| 1 | Cili Fruit Chlorella | 6 tablets morning & evening |

| | | |
|---|-------------------------------------|-------------|
| 2 | Cili Fruit Raw Pulp | 4 TBL |
| 1 | Auto Immune Formula (from China) | as directed |
| | OXYGEN THERAPY | as directed |

(Please call _____ as this protocol requires more information for the individual)

6. ALLERGIES

Abnormally high-acquired sensitivity to certain substances, such as drugs, pollens, or micro-organisms that may include such symptoms as sneezing, itching, and skin rashes.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|-----------------|
| 4 | Copper | 2 TBL |
| 4 | Gold | 2 TBL (evening) |
| 4 | Silver | 2 TBL |

Allergies are often caused by parasites – see "Parasite Cleanse".

7. ALZHEIMER'S

A degenerative disease of the brain, characterized by clumps of *neurofibrils* and microscopic brain lesions; by confusion, disorientation, memory failure, and speech disturbances, and resulting in progressive loss of mental capacity. Studies have shown an excessive amount of aluminum in the brains of those with Alzheimer's. Aluminum poisoning has been found to be neutralized by *silica*.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|----------------------|-------------------------------|
| 4 | Calcium | 2 TBL (evening) |
| 4 | Copper | 2 TBL |
| 2 | Gold | 1 TBL (evening) |
| 8 | Magnesium | 4 TBL |
| 4 | Manganese | 2 TBL |
| 4 | Selenium | 2 TBL (morning) |
| 8 | Sulfur | 4 TBL |
| 8 | Zinc | 4 TBL |
| 1 | Cili Fruit Chlorella | 4 tablets (morning & evening) |
| 2 | Cili Fruit Raw Pulp | 2 TBL |
| 1 | Granulated Lecithin | 1 TBL (lunch & dinner) |
| 1 | Stabilized Oxygen | as directed |

THIS PROTOCOL IS TO BE FOLLOWED ACCORDING TO THE DOSAGES GIVEN FOR ONE MONTH ONLY, THEN HALVE THE MINERAL DOSAGE THEREAFTER.

**Neurofibrils* – *neuro* (nerve, nerve tissue, nerve system) *fibril* (a small very slender fiber).

***Silica* – a common mineral, silicon dioxide, a hard, white or colorless substance in the form of quartz. It enters into the composition of many rocks and is contained in sponges and certain plants.

8. ANEMIA

A weak condition caused by not enough red blood cells in the blood or by a loss of blood. It is characterized by *pallor*, palpitation of the heart, and a tendency to fatigue (a pathological deficiency in the oxygen-carrying component of the blood, measured in unit volume concentrations of hemoglobin, red blood cell volume, or red blood cell number).

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|-----------------|
| 4 | Calcium | 3 TBL |
| 2 | Copper | 1 TBL |
| 2 | Iron | 1 TBL |
| 8 | Magnesium | 6 TBL |
| 2 | Manganese | 1 TBL |
| 4 | Potassium | 2 TBL (morning) |
| 2 | Water of Life | 1 TBL (morning) |
| 2 | Zinc | 1 TBL |

| | | |
|---|----------------------|-------------------------------|
| 1 | Cili Fruit Chlorella | 4 tablets (morning & evening) |
| 2 | Cili Fruit Raw Pulp | 3 tsp daily |
| | Folic Acid | as directed |
| 1 | Stabilized Oxygen | as directed |

****Pallor** – lack of color from fear, illness, or death; paleness. *Pallor* suggested a marked reduction in the flow of blood in shock.

9. ANTHRAX

An infectious, usually fatal disease of warm-blooded animals that is characterized by ulcerative skin *lesions* or a malignant *carbuncle* that is the usual *lesion* of this disease. It can be transmitted to humans, and is caused by the bacterium *Bacillus Anthracis*.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|---|
| 8 | Calcium | 4 TBL |
| 8 | Copper | 4 TBL |
| 4 | Germanium | 2 TBL |
| 12 | Magnesium | 6 TBL |
| 8 | Silver | 4 TBL four times daily |
| 8 | Zinc | 4 TBL (morning & evening) |
| | Bayer Aspirin | Take high doses (4-5 daily) to help with clotting |
| 1 | Stabilized Oxygen | as directed |

When there is a threat of anthrax in your immediate area, start with this regimen and continue until the threat has passed.

***Carbuncle** – a very painful inflamed swelling under the skin. It discharges pus like a boil but is a more deep seated infection, has several openings, lacks a hard central core, and is more serious in its effects.

****Lesion** – an injury; hurt. An abnormal change in the structure of an organ or body tissue, caused by disease or injury.

10. ARTHRITIS / OSTEOPOROSIS

An inflammation of a joint/s resulting in pain and swelling, also called *Articular Rheumatism*. This is a disease in which the bones become extremely porous, are subject to fracture, and heal slowly. It occurs especially in women following menopause, often leading to curvature of the spine from vertebral collapse.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|---------------------------|
| 1 | Boron | 1 tsp |
| 4 | Calcium | 2 TBL |
| 1 | Copper | 1 tsp |
| 6 | Germanium | 3 TBL |
| 1 | Gold | 1 tsp (morning & evening) |
| 1 | Iron | 1 tsp |
| 8 | Magnesium | 4 TBL |
| 8 | Manganese | 4 TBL |
| 4 | Potassium | 2 TBL (morning) |
| 8 | Sulfur | 4 TBL |
| 4 | Water of Life | 2 TBL (morning) |
| 4 | Zinc | 2 TBL |
| 2 | Cili Fruit Raw Pulp | 2 tsp (morning & evening) |

This combination is effective for many arthritic conditions, and is also helpful for bone and cartilage building.

11. ARTICULAR RHEUMATISM – see Arthritis / Osteoporosis

12. ASTHMA

A condition of the lungs characterized by widespread narrowing of the airways due to spasm of the smooth muscle, *edema* of the *mucosa*, and the presence of mucus in the *lumen* of the bronchi and bronchioles. It is caused by the local release of *spasmogens* and *vasoactive* substances in the course of an allergic reaction.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|---------------|
| 4 | Calcium | 2TBL |

| | | |
|---|---------------------|--|
| 4 | Copper | 2 TBL |
| 1 | Germanium | 1-2 tsp |
| 8 | Magnesium | 4 TBL |
| 4 | Manganese | 2 TBL |
| 4 | Sulfur | 2 TBL |
| 2 | Cili Fruit Raw Pulp | 2 tsp (morning & evening) |
| 1 | Stabilized Oxygen | 10 drops in 8oz of water (morning & evening) |
| | Vitamin B-complex | as directed |

For mild attacks drink a few sips of coffee. Stabilized Oxygen will help after an asthma attack to supplement oxygen intake.

***Edema** – an abnormal accumulation of watery fluid in the tissues or cavities of the body, often causing visible swelling.

****Mucosa** – mucus membrane.

*****Lumen** – the space within a tubular organ (eg blood vessel, esophagus).

******Spasmogen** – constricting substance.

*******Vasoactive** – acting on the blood vessels, especially by constricting or dilating them.

13. ATHLETE'S FOOT / TOE NAIL FUNGUS

A contagious fungal infection caused by a species of *Trichophyton* or *Epidermophyton* that usually affects the feet, especially the skin between the toes. Itching, blisters, cracking and scaling, characterize it.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|--|
| 2 | Copper | 1 TBL |
| 2 | Silver | 1 TBL (see format for "Gangrene") |
| 3 | Sulfur | 3 TBL |
| 2 | Silver | Put ¼ cup silver in a basin of warm water. Soak feet twice daily. |
| | Oxygen Machine | Place foot in a plastic bag and insert the end of the hose from the ozone generator. Close the bag around the ankle and cover with a blanket. Ozonate for ½ to 1 hour daily. |

(Please call _____ as this protocol requires more information for the individual)

14. ATTENTION DEFICIT DISORDER (A.D.D.) – see A.D.D. (Attention Deficit Disorder)

15. BELL'S PALSY

Unilateral paralysis of the facial muscles supplied by the facial nerve. Also called facial paralysis, facioptosis, and prosopoplegia. It is believed to be caused by a virus and is alleviated by anti-oxidants. Colds, fever, Lyme disease and ear infections trigger it.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|---------------------------|
| 4 | Calcium | 2 TBL (morning & evening) |
| 1 | Copper | 1 tsp (evening) |
| 8 | Magnesium | 4 TBL |
| 2 | Manganese | 1 TBL |
| 4 | Silver | 2 TBL |
| 4 | Sulfur | 2 TBL |
| 4 | Zinc | 2 TBL |
| 2 | Brewer's Yeast | as directed |
| | Cili Fruit Raw Pulp | 1 TBL twice daily |
| | Lecithin | 1000 + mg |

16. BLADDER INFECTION

This condition is pretty self explanatory by the name. It is an infection of the bladder.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|---------------|
| 4 | Calcium | 2 TBL |
| 1 | Copper | 1 tsp |
| 4 | Germanium | 2 tsp |

| | | |
|---|---------------------|---|
| 8 | Magnesium | 4TBL |
| 4 | Silver | 4 TBL four times daily for 1 to 2 wks depending on the severity of the infection. |
| 2 | Sulfur | 1 TBL |
| 4 | Zinc | 2 TBL |
| 2 | Cili Fruit Raw Pulp | 1 TBL twice daily |

17. BODY ODOR

This condition is self-explanatory.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|---------------|
| 4 | Magnesium | 2 TBL |
| 2 | Zinc | 1 TBL |
| | Vitamin B-complex | as directed |

18. BRONCHITIS

Inflammation of the mucous membrane of the *bronchial tubes*. A deep cough goes with it.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|-------------------|
| 1 | Cili Fruit Raw Pulp | 2 tsp twice daily |

**Bronchial tubes* – the two large, main branches of the windpipe, one going into each lung. The smaller branching tubes in the lungs that divide into bronchioles.

19. CANCER

Any of various malignant *neoplasms* characterized by the *proliferation of anaplastic* cells that tend to invade surrounding tissue and *metastasize* to new body tissue.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|----------------------------------|
| 4 | Calcium | 2 TBL |
| 4 | Copper | 2 TBL |
| 4 | Germanium | 2 TBL |
| 1 | Gold | 2 tsp (evening) |
| 8 | Magnesium | 4 TBL |
| 1 | Manganese | 2 tsp |
| 8 | Platinum | 4 TBL (morning) |
| 1 | Potassium | 2 tsp (morning & evening) |
| 4 | Selenium | 2 TBL (morning) |
| 8 | Silver | 4 TBL (morning & evening) |
| 8 | Sulfur | 4 TBL |
| 4 | VanChroZin | 2 TBL |
| 2 | Water of Life | 1 TBL (morning) |
| 8 | Zinc | 4 TBL |
| 3 | Cili Fruit Raw Pulp | 3 TBL (morning, lunch & evening) |
| | Ozonated Water | drink 50 to 80 ounces a day |
| | Proteolytic enzymes | as directed |
| 2 | Stabilized Oxygen | as directed |

**Neoplasm* – a new, abnormal growth of tissue, such as a tumor.

***Proliferation* – reproduction, as by budding or cell division.

****Anaplastic* – having to do with or involving plastic surgery; having reverted to a more embryonic form, with increased capacity for multiplication, as in malignant tissue.

*****Metastasize* – (of a function, pain, or disease) to spread by or undergo *metastasis*.

******Metastasis* – the transfer, as through the blood vessels or the lymphatic's, or by contact, of a function, pain or disease from one organ or part to another, especially such a transfer of cancerous cells.

20. CANDIDIASIS / YEAST INFECTION

A fungus infection caused by a species of *Candida* that can involve various parts of the body, such as the skin and mucous membranes.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|--|
| 2 | Copper | 1 TBL (morning, lunch & evening) |
| 4 | Germanium | 2 TBL |
| 4 | Silver | First week: 4 TBL four times daily Second week: 1 TBL (morning & evening) for one month |
| 2 | Selenium | 1 TBL (morning) Thereafter 1 TBL DAILY until gone |
| 4 | Sulfur | 2 TBL |
| 4 | Zinc | 2 TBL |
| | Acidophilus | as directed |
| 1 | Cili Fruit Raw Pulp | 1 tsp daily |
| | Probiotics | as directed |
| 1 | Stabilized Oxygen | as directed |

**Candida* – the genus name of the fungus causing moniliasis.

***Moniliasis* – an infection caused by a type of fungus, affecting different parts of the body, including the skin, mucous membrane, lungs, vagina, and gastrointestinal tract. Thrush is a form of moniliasis.

21. CIRRHOSIS/LIVER DAMAGE

A chronic disease of the liver characterized by degeneration of liver cells and hardening due to great increase of fibrous tissue on the liver

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|--|--------------------|
| 4 | Calcium | 2 TBL |
| 1 | Copper | 2 tsp |
| 1 | EPN (Digestive Enzyme Phyto Nutrient) | 1 tsp before meals |
| 1 | Iron | 1-2 tsp |
| 4 | Magnesium | 2 TBL |
| 1 | Selenium | 1-2 tsp (morning) |
| 6 | Sulfur | 3 TBL |
| 2 | Cili Fruit Raw Pulp | 3 tsp twice daily |
| | Bioplasma Homeopathic Tissue Salts | 20 ounces daily |
| | Lecithin | 3000 mg |
| | Liver Glandular | as directed |
| | Thymus & Spleen Glandulars | as directed |

22. COLDS & FLU (ANAEROBIC VIRUSES & BACTERIA)

A *cold* is a common sickness that causes running at the nose, sore throat, sneezing and sometimes chills and fever; common cold, coryza. It is caused by viruses, which attack the mucous membranes.

Flu (Influenza) – an acute, contagious disease, caused by a virus, and like a very bad cold in its symptoms, but much more dangerous and exhausting.

Take Calcium and wait 5 minutes. Then take 1 the Copper, Silver & Zinc. The flu symptoms will increase for 5 - 7 minutes. Do not be alarmed as this will pass in a few minutes. Repeat an hour later. Finish the bottles by taking a teaspoon full of each daily.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|-----------------------------|
| 1 | Calcium | 2 oz (wait 5 minutes) |
| 1 | Copper | 1 oz |
| 1 | Silver | 1 oz |
| 1 | Zinc | 1 oz |
| 1 | Cili Fruit Raw Pulp | 2 tsp (morning & evening) |
| | Ozonated Water | drink 50 to 80 ounces daily |

For chest colds or pneumonic conditions, a cool mist vaporizer may be used. In the morning place ¼ cup *APPLE CIDER VINEGAR* in the vaporizer and fill the rest up with water and let it run near the person who is ill. At night place a ¼ cup of *SILVER* and *CALCIUM* and fill the rest up with water and run near the person who is ill during the night. Turn off the vaporizer if the person begins to cough too violently.

23. CONJUNCTIVITIS (ACUTE CONTAGIOUS PINKEYE)

An acute form of pinkeye caused by the bacterium *Hemophilus Aegyptius* and characterized by inflammation of the eyelids and eyeballs and a *mucopurulent* discharge.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|--------------------------|--|
| 1 | Silver | 4 TBL four times daily |
| | Silver & Distilled Water | Make a 50/50 solution with distilled water and bathe the eyes several times a day. Encourage changing towels. |

**Muco* – Mucous; Mucus.

***Purulent* – forming, containing, or discharging pus.

24. CROHN'S DISEASE & ULCERATIVE COLITIS

These two diseases are not exactly the same, but the causes of the problems are quite similar.

Crohn's Disease - (aka: regional enteritis) Enteritis is usually limited to the terminal ileum but can progress to other segments of the intestine; characterized by nodule formation and fibrous tissue buildup, abdominal pain, and patchy deep ulceration.

Ulcerative Colitis – A chronic disease characterized by ulceration of the colon and rectum with bleeding, mucosal crypt abscesses.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|--|
| 4 | Calcium | 2 TBL |
| 1 | Copper | 1 tsp |
| 1 | Gold | 1 tsp (evening) |
| 4 | Magnesium | 2 TBL |
| 2 | Manganese | 1 TBL |
| 8 | Sulfur | 4 TBL |
| 4 | Zinc | 2 TBL |
| 1 | Cili Fruit Raw Pulp | 2 tsp daily |
| | Ozonated Water | drink 50 to 80 ounces daily |
| | Sodium | eat a lot of celery, one of the best sources of bio-available sodium |

25. DANDRUFF

Small, whitish scales of dead skin that flake off the scalp. Dandruff in children is most frequently associated with the glandular changes of adolescence.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|---------------|
| 4 | Sulfur | 2 TBL |

26. DEPRESSION

Depression is the most widespread of all psychiatric disorders.

Mild Depression – a condition of feeling sad or despondent.

Severe Depression – a psychotic or neurotic condition characterized by an inability to concentrate, insomnia, accompanied by fatigue, headaches, and feelings of extreme sadness, dejection and hopelessness.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|--|
| 1 | Boron | 1 tsp |
| 1 | Calcium | 2 TBL (evening) |
| 2 | Chromium | 1 TBL (morning & evening) before meals |
| 1 | Gold | 1 tsp (evening) |
| 1 | Iron | 1 tsp |
| 4 | Magnesium | 2 TBL |

| | | |
|---|---------------|-----------------|
| 4 | Manganese | 2 TBL |
| 1 | Platinum | 2 tsp (morning) |
| 2 | Water of Life | 1 TBL (morning) |
| 4 | Zinc | 2 TBL |

27. DIABETES / HYPOGLYCEMIA

Diabetes – a disease in which a person's system cannot properly absorb normal amounts of sugar and starch because the pancreas fails to secrete enough insulin; *diabetes mellitus*. It is characterized by excessive production of urine (*diabetes insipidus*) and abnormal thirst.

Diabetes mellitus – a disorder of carbohydrate metabolism generally due to failure of the pancreas to secrete enough insulin, characterized by the presence of sugar in the urine, abnormally high sugar content in the blood, loss of weight, extreme thirst and hunger, excessive secretion of urine, and, in severe cases, coma.

Diabetes insipidus – a disorder marked by profuse secretion of urine (containing no sugar) and intense thirst, caused by a malfunction of the pituitary gland.

Hypoglycemia – an abnormally low amount of sugar in the blood, often caused by an overdose of insulin or malfunction of the liver.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|---|
| 2 | Calcium | 1 TBL |
| 1 | Chromium | 1 tsp (before each meal) |
| 4 | Copper | 2-4 tsp |
| 4 | Magnesium | 2 TBL |
| 1 | Manganese | 1 tsp |
| 4 | Sulfur | 2 TBL |
| 2 | VanChroZin | 1 TBL (morning & evening) |
| 2 | Water of Life | 1 TBL |
| 2 | Zinc | 1 TBL |
| 2 | Cili Fruit Raw Pulp | 2 tsp twice daily (PROTOCOL B: 2 tablespoons daily) |

28. E. COLI

A common rod-shaped bacterium of the intestinal tract, strains of which have been grown in large amounts and used extensively in experiments dealing with protein synthesis, genetic transmission, immunity and enzymology. Some of the strains are responsible for diarrheal diseases.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|-----------------------------|
| 4 | Calcium | 2 TBL |
| 4 | Copper | 2 TBL (morning & evening) |
| 8 | Magnesium | 4 TBL |
| 8 | Silver | 4 TBL |
| 4 | Zinc | 2 TBL |
| 1 | Acidophilus | after each meal |
| 1 | Cili Fruit Raw Pulp | 2 tsp twice daily |
| 1 | Ozonated Water | drink 50 to 80 ounces daily |
| 1 | Stabilized Oxygen | as directed |

29. EARS (WATER ON)

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|---------------|
| 1 | Sulfur | 2 TBL |

30. ECZEMA

An inflammation of the skin with itching and the formation of patches of scales and pimples. This has a lot to do with the pH of the skin itself. Normal skin is slightly acidic.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|-----------------------------|---------------------------------------|
| 2 | Copper | 1 TBL (evening) |
| 2 | Magnesium | 1 TBL |
| 2 | Silver | 1 TBL - use both orally and topically |
| 2 | Sulfur | 1 TBL |
| 2 | Zinc | 1 TBL – use both orally and topically |
| 1 | Cili Fruit Raw Pulp | 2 tsp twice daily |
| | EFA (Essential Fatty Acids) | as directed |

31. EDEMA

An accumulation of watery fluid in the tissues or cavities of the body, often causing visible swelling; dropsy.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|--|---|
| 4 | Calcium | 2 TBL |
| 8 | Magnesium | 4 TBL |
| 4 | Potassium | 2 TBL (evening) |
| 2 | Sulfur | 1-2 TBL |
| 1 | Cili Fruit Raw Pulp Stabilized Oxygen | 1 tsp daily 10 drops in an 8 ounce glass of water 2 times daily. |

32. EMPHYSEMA

This is a condition in which the lungs over-expand and breathing becomes difficult and less effective. Emphysema is an abnormal enlargement of the air sacs in the lungs or body tissue caused by loss of elasticity in the walls of the air sacs and a resulting inability to expel carbon dioxide. There is also an increased susceptibility to infection.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|--|---|
| 8 | Calcium | 4 TBL |
| 2 | Copper | 1 TBL |
| 4 | Germanium | 2 TBL |
| 8 | Magnesium | 4 TBL |
| 2 | Manganese | 1 TBL |
| 2 | Selenium | 1-2 TBL (morning) |
| 8 | Sulfur | 4 TBL |
| 4 | Zinc | 2 TBL |
| 1 | Amino Acids Cili Fruit Raw Pulp Ozone Machine Stabilized Oxygen | full spectrum 2 tsp twice daily use in the room continuously as directed |

33. EPILEPSY

A chronic disorder of the nervous system characterized by partial or complete loss of consciousness and sometimes convulsion. It is caused by a disturbance in the normal electrical rhythm of brain cells.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|---------------|
| 4 | Calcium | 2 TBL |
| 4 | Chromium | 2 TBL |
| 8 | Magnesium | 4 TBL |
| 4 | Sulfur | 2 TBL |
| 2 | Zinc | 1 TBL |

34. EPSTEIN BARR VIRUS

A virus found to be associated with various types of human cancers. The British virologists M.A. Epstein and Y.M. Barr first isolated it in 1964. A recent development in the study of infectious mononucleosis is the evidence indicating that its cause may be a herpes-like virus, called the Epstein Barr virus.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------------------------|--|
| 4 | Calcium | 2 TBL |
| 2 | Copper | 1 TBL |
| 4 | Germanium | 2 TBL |
| 2 | Gold | 1 TBL (evening) |
| 4 | Magnesium | 2 TBL |
| 4 | Manganese | 2 TBL |
| 6 | Silver | 3 TBL |
| 4 | Zinc | 2 TBL |
| 1 | Cili Fruit Raw Pulp Ozonated Water | 2 tsp twice daily drink 50 to 80 ounces daily |

35. EYEWASH

Wash eyes several times daily using a clean towel each time to dry.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|----------------------------|
| 1 | Silver | 50/50 with distilled water |

36. FACIAL PARALYSIS – see Bell's Palsy

37. FACIOPLEGIA – see Bell's Palsy

38. FEVER

An unhealthy condition of the body in which the temperature is higher than normal (98.6 °F or 37 °C), often accompanied by rapid pulse and weakness. The body expends a lot of energy when battling a fever.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|-------------------|
| 4 | Calcium | 1-2 TBL |
| 4 | Magnesium | 2 TBL |
| 1 | Cili Fruit Raw Pulp | 2 tsp twice daily |

39. FIBROCYSTIC DISEASE OF THE BREAST

A benign disease common in women in their thirties, forties, and fifties, marked by small fluid-containing cysts that form in one or both breasts.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|-------------------|
| 2 | Germanium | 1 TBL |
| 1 | Iodine | 1-2 tsp |
| 2 | Magnesium | 1 TBL |
| 1 | Selenium | 1 TBL (evening) |
| 1 | Cili Fruit Raw Pulp | 2 tsp twice daily |

It has been recommended that all caffeine be eliminated from the diet.

40. FIBROMYALGIA

A rheumatic disorder characterized by chronic achy muscular pain that has no obvious physical cause. It most commonly affects the back of the head, the upper chest, and/or the thighs, although any area or areas of the body may be involved.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|-------------------|
| 8 | Calcium | 4 TBL |
| 8 | Magnesium | 4 TBL |
| 2 | Manganese | 1 TBL |
| 4 | Platinum | 1-2 TBL (morning) |
| 8 | Sulfur | 4 TBL |
| 4 | Water of Life | 2 TBL (morning) |

Fibro – fibrous tissue. *Myalgia* – muscular pain or rheumatism.

41. FLU'S & COLDS (ANAEROBIC VIRUSES & BACTERIA) – see Colds & Flu

42. FLUORIDE COUNTER-BALANCE

Fluoride – a compound of fluorine and another element or radical.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|---------------|
| 2 | Calcium | 1 TBL |
| 2 | Magnesium | 1 TBL |

43. GALL / KIDNEY STONES

A condition found either in the kidneys or gall bladder, that when it stops the flow of fluid causes a lot of pain and discomfort.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---|----------------------------|
| 2 | Calcium | 1 TBL |
| 4 | Magnesium | 2 TBL |
| 4 | Sulfur | 2TBL |
| 1 | Cili Fruit Raw Pulp Kidney/glandular | 1 tsp twice daily 500mg |

**Gall* – a bitter yellow, brown, or greenish liquid secreted by the liver and stored in the gall bladder.

***Gall Stone* – a pebble-like mass, chiefly of cholesterol and mineral salts, that sometimes form in the gall bladder or one of its ducts. When one or more gallstones stop the flow of bile, there is usually pain, and sometimes jaundice results.

****Kidney Stones* – a *calculus* or concentration that sometimes forms in the kidneys.

*****Calculus* – a stone that has formed in the body because of a diseased condition.

44. GANGRENE

Death and decay of body tissue, often in a limb, caused by insufficient blood supply and usually following injury, freezing, or disease.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------------------|--|
| 1 | Copper | 1 tsp |
| 2 | Silver | Orally - 2 TBL (morning & evening) Topically - may be applied to affected area several times daily. |
| 4 | Zinc | 2 TBL |
| 1 | Ozonated Water Ozone Machine | drink 50 to 80 ounces daily place limb in an airtight bag. Connect hose from ozone machine to bag. Secure bag opening around limb to trap ozone inside. Cover limb with blanket and run ozone for 4 hours daily until circulation begins to return (black color starts to recede). Then reduce the time to 1 hour twice daily till recovered. |
| | Stabilized Oxygen | as directed |

(Please call _____ as this protocol requires more information for the individual)

45. GASTRO INTESTINAL ULCERS – see Ulcers / Gastro Intestinal

**Gastrointestinal* – of, or having to do with the stomach and intestines.

***Ulcers* – an open sore on the skin, or within the body, on a mucous membrane. It sometimes discharges pus.

46. GOUT

A painful disease of the joints, especially of the big toe. It is characterized by inflammation of the joints, an excess or *uric acid* in the blood, and the deposit of *uric acid* salts in and around the joints. Gout is also an inherited disorder occurring predominantly in men, especially of the feet and hands, and arthritic attacks results from elevated levels of *uric acid* in the blood and the deposition of urate crystals around the joints.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|---------------|
| 4 | Calcium | 2 TBL |
| 1 | Copper | 1 tsp |
| 8 | Magnesium | 4 TBL |
| 4 | Sulfur | 2 TBL |

**Uric acid* – a white, crystalline acid, only slightly soluble in water, found in the urine of man, certain animals, reptiles, and birds. It is formed as a waste product of the metabolism of *purines*.

***Purines* – a colorless, crystalline organic base containing nitrogen and related to uric acid. The purines and pterines contribute a major source of color to the wings of butterflies.

47. GRAY HAIR

Gray hair is a symptom of improper protein synthesis.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|---------------|
| 1 | Copper | 1-2 tsp daily |
| 1 | Tin | 1-2 tsp daily |

Grizzled – grayish; gray; gray-haired.

48. GULF WAR SYNDROME

This condition is caused in part by a parasite called *Leishmans*.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|---|
| 8 | Copper | First week 4 TBL daily Second week 2 TBL daily Thereafter 1-2 tsp daily |
| 4 | Germanium | 2 TBL |
| 2 | Platinum | 1 TBL (morning) |
| 8 | Silver | 4 TBL (morning & evening) |
| 8 | Sulfur | 4 TBL |
| 2 | Water of Life | 1 TBL (morning) |
| 4 | Zinc | 2 TBL |
| 1 | Cili Fruit Raw Pulp | 1 tsp twice daily |
| | Ozonated Water | drink 50 to 90 ounces daily |
| 1 | Stabilized Oxygen | as directed |

***Leishmans* - a small oval protozoan, which is transmitted by insects to the human bloodstream in various forms of leishmaniasis.

***Leishmaniasis* – a disease most common in tropical areas, causing lesions and sores in the skin and mucous membranes. A protozoan in the bloodstream causes it, and a more serious form, *kalazar*, attacks internal organs.

****Kalazar* – a tropical disease that causes an enlargement of the spleen and liver, anemia, and a general wasting away.

49. HEART ARRHYTHMIA

Irregularity of the heart beat.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|----------------------|---|
| 4 | Calcium | 2 TBL |
| 1 | Germanium | 1-2 tsp |
| 8 | Magnesium | 4 TBL |
| 2 | Manganese | 1 TBL |
| 2 | Potassium | 1 TBL (morning) |
| 2 | Selenium | 1 TBL (morning) |
| 1 | Cili Fruit Chlorella | 4 tablets twice daily |
| 1 | Stabilized Oxygen | 3 drops in a glass of water (morning and evening) |

50. HEART DYSFUNCTION – see Heart Arrhythmia**51. HEART FAILURE**

A condition marked by weakness, edema, and shortness of breath that is caused by stoppage or interference in the normal action of the heart so that the amount of blood flowing from the heart becomes inadequate.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|---------------------------|
| 4 | Calcium | 2 TBL |
| 1 | Gold | 2 tsp (evening) |
| 4 | Magnesium | 2 TBL |
| 2 | Selenium | 1 TBL (morning) |
| 4 | Silver | 2 TBL (morning & evening) |
| 1 | Zinc | 2 tsp |

Heart failure is not a disease in itself but is rather a common end point of all organic heart diseases.

52. HEAVY METAL DETOXIFICATION

Heavy Metals - metals or minerals having a specific gravity of more than 2.9, and occurring in small quantities in sediments.

| CONTAINER | PRODUCT NAME | DOSAGE |
|-----------|---------------------|-------------------|
| 4 | Potassium | 2 TBL (morning) |
| 1 | Selenium | 1 tsp (morning) |
| 4 | Sulfur | 2 TBL |
| 1 | Cili Fruit Raw Pulp | 2 tsp twice daily |

Detoxification – to remove toxic or poisonous qualities from...

53. HEPATITIS C

Inflammation of the liver caused by infectious or toxic agents and characterized by *jaundice*, fever, liver enlargement, and abdominal pain.

| CONTAINER | PRODUCT NAME | DOSAGE |
|-----------|----------------------|--|
| 4 | Calcium | 2 TBL |
| 2 | Copper | 1 TBL |
| 2 | Germanium | 1 TBL |
| 4 | Magnesium | 2 TBL |
| 1 | Manganese | 1 tsp |
| 2 | Platinum | 1-2 TBL (morning) |
| 2 | Selenium | 1 TBL (morning) |
| 4 | Silver | First week 4 TBL four times daily Second week 2 TBL (morning & evening) Thereafter 1 TBL (morning & evening) |
| 6 | Sulfur | 3 TBL |
| 4 | Zinc | 2 TBL |
| | Acidophilus | as directed |
| 1 | Cili Fruit Chlorella | 4 tablets twice daily |
| 2 | Cili Fruit Raw Pulp | 1 TBL three times daily |
| | Lecithin | 1000 to 2000mg |
| | Milk Thistles | 6 capsules daily |

***Jaundice** – an unhealthy bodily condition that causes yellowness of the skin, eyes, and body fluids, and disturbed vision. It is caused by too much bile in the blood.

54. HEPATOLENTICULAR DEGENERATION (WILSON'S DISEASE)

A hereditary degenerative disease in which a deficiency of ceruloplasmin causes copper to accumulate in the liver, brain, and other tissues. It is characterized by *cirrhosis*, degeneration of the *basal ganglia* of the brain, and the disposition of green pigment in the *periphery* of the cornea.

| CONTAINER | PRODUCT NAME | DOSAGE |
|-----------|----------------------------------|-----------------|
| 1 | Copper | 1 tsp |
| 4 | Germanium | 2 TBL |
| 4 | Manganese | 2 TBL |
| 4 | Sulfur | 2 TBL |
| 2 | Water of Life | 1 TBL (morning) |
| 4 | Zinc | 2 TBL |
| | Bioplasm Homeopathic Tissue Salt | as directed |
| | NADH | as directed |
| 1 | Stabilized Oxygen | as directed |
| | Vitamin B-complex | as directed |

***DO NOT EXCEED RECOMMENDED DOSAGE**

****Cirrhosis** - a chronic disease of the liver characterized by degeneration of liver cells and hardening due to great increase of fibrous tissue on the liver.

*****Basal Ganglia** (Ganglion)– fundamental, basic group of nerve cells forming a nerve center, especially outside of the brain or spinal cord.

******Periphery of the cornea** – an outside boundary of the transparent outside coat of the eyeball. The cornea covers the iris and pupil.

55. HERPES SIMPLEX

Cold sores on the body, face, or lips.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|--|
| 1 | Copper | 1 tsp (morning) |
| 2 | Silver | 2 ounces daily for one week, Thereafter 2 TBL twice a day for two weeks |
| 2 | Zinc | ¼ cup the first day, Thereafter 1 tsp daily as maintenance |
| 1 | Cili Fruit Raw Pulp | 2 tsp twice daily |

**Herpes* – any one of various virus diseases causing spreading blister-like blotches on the skin or mucous membrane, such as shingles and cold sores.

56. HIGH CHOLESTEROL & TRIGLYCERIDES

Cholesterol – a white, fatty substance found in the blood and tissues of the body and also in foods such as eggs and meat, especially animal fat.

Triglycerides – any fatty compound of a group formed when three acid radicals replace the three hydrogen atoms of the -OH (hydroxyl) groups in glycerol. Studies indicated that triglycerides might be a cause of coronary artery disease.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|----------------------|---------------------------|
| 4 | Calcium | 2 TBL |
| 1 | Chromium | 1 TBL (morning & evening) |
| 1 | Gold | 1 tsp (evening) |
| 8 | Magnesium | 4 TBL |
| 1 | Manganese | 2 tsp |
| 1 | Selenium | 1 tsp (morning) |
| 4 | Sulfur | 2 TBL |
| 2 | Water of Life | 1 TBL (morning) |
| 1 | Cili Fruit Chlorella | 4 tablets daily |
| 2 | Cili Fruit Raw Pulp | 4 tsp twice daily |
| | Folic Acid | as directed |
| | Lecithin | 2000 to 3000mg |

57. HYPERTENSION (ANGIOTENSIN)

Angiotensin – a peptide occurring in the blood that affects the caliber of blood vessels and otherwise alters blood pressure.

1) Persistent high blood pressure. 2) Arterial disease in which chronic high blood pressure is the primary symptom.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|----------------------|---------------------------|
| 4 | Calcium | 2 TBL |
| 2 | Cobalt | 1 TBL |
| 1 | Copper | 1 tsp |
| 4 | Magnesium | 2 TBL |
| 1 | Manganese | 1 tsp |
| 1 | Potassium | ½ TBL (morning) |
| 4 | Silver | 2 TBL |
| 4 | Sulfur | 2 TBL |
| 2 | VanChroZin | 1 TBL (morning & evening) |
| 1 | Zinc | ½ TBL |
| 1 | Cili Fruit Chlorella | 4 tablets twice daily |
| 2 | Cili Fruit Raw Pulp | 3 tsp twice daily |

58. HYPERTHYROIDISM

1) Pathologically excessive production of thyroid hormones. 2) The condition resulting from excessive activity of the thyroid gland, characterized by increased *basal metabolism*. (The same deficiencies apply to *hyperthyroidism* as *hypothyroidism* only they manifest differently in each person).

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|---------------|
| 4 | Calcium | 2 TBL |

| | | |
|---|-------------------|------------------------------------|
| 1 | Iodine | 1 tsp daily |
| 4 | Magnesium | 2 TBL (morning & evening) |
| 2 | Potassium | 1 TBL (morning) |
| | Sea Salt | substitute table salt for sea salt |
| | Vitamin B-complex | as directed |

***Basal** – fundamental; basic.

****Metabolism** – the process by which all living things turn food into energy and living tissue. In metabolism food is broken down to produce energy, which is then used by the body to build up new cells and tissues, provide heat, and engage in physical activity. Growth and action depend on metabolism.

59. HYPOGLYCEMIA / DIABETES – see Diabetes / Hypoglycemia

60. HYPOTHYROIDISM – see Hyperthyroidism for formula

1) The insufficient production of thyroid hormones. 2) A pathological condition resulting from thyroid insufficiency, which may lead to *cretinism* or *myxedema*.

***Cretinism** – a condition of severe mental and physical retardation caused by a deficiency in the thyroid gland. The deficiency may be inborn or it may develop in infancy.

****Myxedema** – a disease characterized by thickening of the skin, blunting of the senses and intellect, and labored speech. It is associated with diminished functional activity of the thyroid gland. *Myxedema* most frequently results from a lack of iodine in food and drinking water.

61. IMPOTENCY

1) (of males) incapable of sexual intercourse, often because of an inability to achieve or sustain an erection. 2) A lack of strength or power; helplessness; quality or condition of being impotent.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|----------------------|-----------------------|
| 2 | Boron | 1 TBL |
| 4 | Calcium | 2 TBL |
| 1 | Copper | 1 tsp |
| 4 | Magnesium | 2TBL |
| 1 | Manganese | 2 tsp |
| 4 | Zinc | 2 TBL |
| | Choline | 1000 to 3000mg |
| 1 | Cili Fruit Chlorella | 4 tablets twice daily |
| 1 | Stabilized Oxygen | as directed |

62. INABILITY TO CONCENTRATE

Unable to focus the mind on or upon something.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|---------------------------|
| 4 | Calcium | 2 TBL |
| 1 | Chromium | 1 tsp (morning & evening) |
| 1 | Copper | 1 tsp |
| 4 | Gold | 2 TBL (evening) |
| 4 | Magnesium | 2 TBL |
| 2 | Manganese | 1 TBL |
| 4 | VanChroZin | 2 TBL |
| | Vitamin B-complex | as directed |

63. INCONTINENCE

Lack of self-control over excretory functions.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|---------------------|
| 4 | Calcium | 2 TBL |
| 2 | Magnesium | 1 TBL |
| 2 | Potassium | 1 TBL (morning) |
| 1 | Selenium | ½ - 2 tsp (morning) |
| | Vitamin B-complex | as directed |
| | Vitamin E | as directed |

64. INDIGESTION

1) Inability to digest or a difficulty in properly digesting food in the alimentary tract. 2) Abdominal discomfort resulting from this inability or difficulty.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|---|
| 4 | Calcium | 2 TBL |
| 2 | EPN | 1 tsp before meals |
| 8 | Magnesium | 4 TBL |
| 4 | Sulfur | 2 TBL (take a sip when feeling discomfort) |
| 2 | Water of Life | 1 TBL (morning) |
| | Acidophilus | 2 after each meal |
| | Choline | 1000mg daily |
| 1 | Cili Fruit Elixir | 1 tsp daily |
| 1 | Stabilized Oxygen | 3 drops in a 4 ounce glass. Drink when feeling discomfort |

65. INSOMNIA

Chronic inability to fall asleep for an adequate length of time.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|-------------------|
| 4 | Calcium | 2 TBL (evening) |
| 2 | Chromium | 1 TBL (evening) |
| 1 | Copper | 1 tsp (evening) |
| 1 | Gold | 1-2 tsp (evening) |
| 4 | Magnesium | 2 TBL (morning) |
| 2 | Manganese | 1 TBL (morning) |
| 2 | VanChroZin | 1 TBL (morning) |

66. KIDNEY / GALL STONES – see Gall / Kidney Stones

67. LIVER DAMAGE / CIRRHOSIS – see Cirrhosis / Liver Damage

68. LIVER / AGE SPOTS – see Age / Liver Spots

69. LOW STOMACH ACID

Eat sodium* rich foods such as:

- Apples
- Asparagus
- Cabbage, red
- Carrots
- Celery
- Egg Yolks
- Fish
- Kelp
- And 1 tsp pure Apple Cider Vinegar in 1 TBL water before each meal

Put half a squeezed lemon into half a cup of water 10-15 minutes before meals to stimulate gastric juices.
85% of people over the age of 50 lack stomach acid (hydrochloric acid).

*DO **NOT** CONFUSE WITH SODIUM CHLORIDE SALT.

70. LUPUS

Any several diseases, especially *Systemic Lupus Erythematosus*, that principally affect the skin and joints, but often also involve other systems of the body. It is characterized by the rapid eating away of the affected area.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|---------------|
| 4 | Calcium | 2 TBL |
| 1 | Copper | 1 tsp |
| 4 | Magnesium | 2 TBL |
| 2 | Manganese | 1 TBL |

| | | |
|---|-----------------------------------|-------------------|
| 2 | Selenium | 1 TBL (morning) |
| 4 | Silver | 2 TBL |
| 8 | Sulfur | 4 TBL |
| 2 | Water of Life | 1 TBL (morning) |
| 4 | Zinc | 2 TBL |
| | Ciloz Caplets | 5 tablets per day |
| | Bioplasm Homeopathic Tissue Salts | 20 daily |
| 1 | Cili Fruit Raw Pulp | 2 tsp twice daily |

**Lupus Erythematosus* – a disease that attacks the skin and connective tissues, resulting in a condition similar to rheumatoid arthritis and often in its acute form leading to disability and death.

71. LYME DISEASE

An inflammatory disease caused by the *Spirochete** *Borrelia Burgdorferi**, transmitted by ticks and characterized initially by a rash followed by flu-like symptoms including fever, joint pain, chills, fatigue and headache. If untreated it can result in chronic arthritis and nerve and heart dysfunction.

Use the "Cold/Flu" protocol for Lyme disease.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|-------------------|
| 1 | Germanium | 1-2 tsp |
| 1 | Selenium | 1 tsp (evening) |
| 4 | Silver | 2 TBL |
| 2 | Water of Life | 1-2 TBL |
| 4 | Zinc | 2 TBL |
| 1 | Cili Fruit Raw Pulp | 2 tsp twice daily |

**Spirochete* – any of various slender, spiral, motile bacteria of the order Spirochaetales, many of which are *pathogenic*.

***Pathogenic* – producing disease.

****Borrelia Burgdorferi* – a parasite causing Lyme disease in humans.

72. MACULAR DEGENERATION

Degeneration of the *Macula Lutea* characterized by spots of pigmentation and causing a reduction or loss of central vision.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|-----------------------------------|-------------------|
| 4 | Calcium | 2 TBL |
| 1 | Copper | 2 tsp |
| 8 | Magnesium | 4 TBL |
| 1 | Manganese | 1 tsp |
| 1 | Selenium | 1 tsp (morning) |
| 8 | Sulfur | 4 TBL |
| 4 | VanChroZin | 2 TBL |
| 4 | Zinc | 2 TBL |
| | Bioplasm Homeopathic Tissue Salts | as directed |
| 1 | Cili Fruit Raw Pulp | 2 tsp twice daily |
| 1 | Cili Fruit Gingko Biloba | 300mg |

**Macula* – a spot on the skin, which is unlike the surrounding tissues.

73. MENOPAUSE

The period marked by the natural and permanent *cessation* of menstruation, occurring usually between the ages of 45 and 55; change of life.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|-----------------|
| 4 | Calcium | 2 TBL |
| 1 | Copper | 1 tsp |
| 2 | Gold | 1 TBL (evening) |
| 4 | Magnesium | 2TBL |
| 2 | Platinum | 1 TBL (morning) |

**Cessation* – a stopping, a ceasing, discontinuance.

74. MIGRAINES

A severe recurring headache, usually affecting only one side of the head; characterized by sharp pain, often accompanied by nausea, vomiting, and visual disturbances.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|---------------|
| 4 | Magnesium | 2 TBL |

75. MULTIPLE SCLEROSIS

A chronic degenerative disease of the central nervous system in which gradual destruction of *myelin* occurs in patches throughout the brain or spinal cord or both, interfering with the nerve pathways and causing muscular weakness, loss of co-ordination, and speech and visual disturbances. It is thought to be caused by a defect in the immune system that may be genetic or viral in origin.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------------------|--|
| 4 | Calcium | 2 TBL |
| 2 | Chromium | 1 TBL |
| 1 | Copper | 1 tsp |
| 1 | Germanium | 1 tsp |
| 1 | Gold | 1-2 tsp (evening) |
| 4 | Magnesium | 4 TBL |
| 4 | Potassium | 2 TBL (morning) |
| 2 | Selenium | 2 tsp (morning) |
| 4 | Silver | 4 TBL four times daily for 2 weeks thereafter – 2 TBL (morning & evening) |
| 2 | Sulfur | 2 TBL (you may also use 1 tsp for nausea) |
| 2 | Zinc | 2 TBL |
| 1 | Stabilized Oxygen | 3 drops in 4 ounces of water for nausea (up to 20 drops daily)* |
| 1 | Cili Fruit Crystals or Raw Pulp | 2 TBL |

Another thing to pay close attention to is dietary influences on this condition. Watch the diet. If a food seems to irritate the condition or, make the person feel worse, cut that food out of the diet and continue to do so during the healing process.

***Myelin* – a soft, whitish, fatty substances that form a sheath about the core of certain nerve fibers. The myelin sheath surrounds nerve fibers much as insulating material protects electric wire.

***DO NOT EXCEED THE RECOMMENDED AMOUNT**

76. NARCOLEPSY

A disorder characterized by sudden, uncontrollable, though often brief attacks, of deep sleep also occasional loss of muscular power, and paralysis and hallucinations occurring during sleep.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|-------------------|
| 2 | Calcium | 1 TBL (evening) |
| 2 | Chromium | 1 TBL (evening) |
| 1 | Copper | 1 tsp (evening) |
| 4 | Magnesium | 2 TBL |
| 1 | Manganese | 1 tsp |
| 2 | Platinum | 1-2 tsp (morning) |
| 1 | Potassium | 1-2 tsp (morning) |

77. OBESITY

The condition of being obese increased body weight caused by excessive accumulation of fat.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|---------------------------|
| 4 | Calcium | 2 TBL |
| 4 | Chromium | 2 TBL (morning & evening) |
| 1 | Copper | 1 tsp |
| 4 | Magnesium | 2 TBL |
| 4 | VanChroZin | 2 TBL (morning & evening) |

| | | |
|---|---------------------|-------------------|
| 4 | Zinc | 2 TBL |
| 1 | Cili Fruit Raw Pulp | 2 tsp twice daily |

Eat fresh raw fruits and vegetables. Eat an abundance of fat-burning foods such as: cabbage, tomatoes and radishes. Try to consume less fatty or starchy foods like: milk, cheese, butter, potatoes and pasta. Obesity has become a national obsession. (Atlantic)

78. OSTEOPOROSIS / ARTHRITIS - see Arthritis / Osteoporosis

79. PANIC ATTACKS

A sudden onset of intense apprehension, fear, terror and impending doom. Studies show that these individuals are very short on *Chromium*; also, there is a good chance of *Hypoglycemia**.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|------------------------|
| 1 | Chromium | 1 tsp before each meal |

*See "*Diabetes / Hypoglycemia*" protocol.

80. PARASITE CLEANSE

During the parasite cleanse you may experience some reactions as the parasites die. Such reactions may manifest themselves as rashes, itching, nausea, dizziness and irritability. Work through it if you can but if you are not able to, cut back until your system adjusts to a tolerable dosage.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|--|
| 4 | Copper | First week - 2 TBL - begin with 1 tsp the first night, 2 tsp the second night, 3 tsp the third night and so on until the 2 TBL limit is reached. Second & third wk - 1 TBL - daily Thereafter - 1 tsp daily for one week. Repeat this gentle cleanse three times or until evidence that parasitic infection is gone. |
| 4 | Silver | 2 TBL (morning & evening) |
| 4 | Zinc | 2 TBL |

81. PARKINSON'S DISEASE

A progressive nervous disease occurring most often after the age of 50, associated with the destruction of brain cells that produce *dopamine*; characterized by muscular tremor, slowing of movement, partial facial paralysis, peculiarity of gait and posture, and weakness.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|--|
| 4 | Calcium | 2 TBL |
| 1 | Manganese | 2 tsp |
| 8 | Magnesium | 4 TBL |
| 1 | Selenium | 2 tsp (morning) up to 1 ounce for motor function |
| 4 | Sulfur | 2 TBL |
| 2 | Cili Fruit Raw Pulp | 2 tsp twice daily |

A low meat / high carbohydrate diet is suggested.

**Dopamine* - a hormone produced by the adrenal glands that is essential to the normal nerve activity of the brain.

82. PERTUSSIS (WHOOPIING COUGH)

A highly contagious disease of the respiratory system, usually affecting children, that is caused by *Bordetella Pertussis* and is marked in its advanced stage by spasms of coughing interspersed with deep, noisy inspirations.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|-------------------|
| 8 | Magnesium | 4 TBL |
| 1 | Selenium | 1-2 tsp (morning) |
| | Vitamin E | as directed |

83. PINKEYE (ACUTE CONTAGIOUS CONJUNCTIVITIS) – see Conjunctivitis (Acute Contagious Pinkeye)**84. PMS / PRE-MENSTRUAL SYNDROME**

A group of symptoms, including abdominal bloating, breast tenderness, headache, fatigue, irritability, and depression, that occurs in many women from 2 to 14 days before the onset of menstruation.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|----------------------------------|-----------------------|
| 8 | Calcium | 4 TBL (evening) |
| 1 | Copper | 2 tsp (evening) |
| 4 | Germanium | 2 TBL |
| 1 | Gold | 1-2 tsp (at bedtime) |
| 1 | Iron | 1-2 tsp |
| 8 | Magnesium | 4 TBL (evening) |
| 4 | Manganese | 2 TBL |
| 2 | Platinum | 1 TBL (morning only) |
| 4 | Sulfur | 2 TBL |
| 2 | Zinc | 1 TBL (morning only) |
| | Bioplasm Homeopathic Tissue Salt | as directed |
| | Blue & Black Cohosh | equal parts |
| 1 | Cili Fruit Chlorella | 4 tablets twice daily |
| | Dong Quai | as directed |
| | Primrose oil | 2000-3000mg |

AVOID: Alcohol, salt, sugar, nicotine, caffeine, processed/fast or junk foods, red meats, dairy products, and chocolate.

85. POULTICE

A soft, moist mass applied to the body as a medicine. This poultice can be used for stings, venomous bites, boils and abscesses. This poultice recipe has been around for generations and is very effective.

1 Egg yolk & salt put into a small bowl and add *salt* until it makes a stiff paste. Place the paste between gauze then tape over effective area. Once the poison has come to a head use a sterile needle and prick the top of the poison pocket. Apply pressure on either side of the poison pocket to force the poison out. If necessary repeat this process until all the poisons have been eliminated.

86. PREGNANCY

These two minerals have been found to help with labor, making it easier and less painful. The last six weeks of pregnancy take:

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|---------------|
| 2 | Calcium | ¾ cup daily |
| 4 | Magnesium | ¾ cup daily |

87. PRE-MENSTRUAL SYNDROME (PMS) – see PMS / Pre-Menstrual Syndrome**88. PROSOPOPLEGIA** – see Bell's Palsy**89. PSORIASIS**

A non-contagious inflammatory skin disease characterized by recurring reddish patches covered with silvery scales.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|-----------------|
| 4 | Magnesium | 2 TBL |
| 1 | Selenium | 1 tsp (morning) |
| 4 | Sulfur | 2 TBL |
| 4 | Zinc | 2 TBL |
| | Vitamin B-complex | as directed |
| | OXYGEN THERAPY | as directed |

(Please call _____ as this protocol requires more information for the individual)

90. RAISING PH

pH – a symbol used (with a number) to indicate acidity or alkalinity in analyzing body secretions. It represents the relative concentration of hydrogen ions (in gram atoms per liter) in a given solution, usually determined by the use of a substance (indicator) known to change color at a certain concentration. The pH common scales ranges from 0 to 14, pH7 (the hydrogen-ion concentration, 10^{-7} or .0000001, in pure water) being taken as neutral, 6 – 0 increasingly acid, and 8-14 increasingly alkaline.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|-------------------|
| 4 | Calcium | 2 TBL |
| 8 | Magnesium | 4 TBL |
| 4 | Potassium | 2 TBL (morning) |
| 1 | Apple Cider Vinegar | 1-2 TBL (morning) |

91. RESTLESS LEG SYNDROME

Discomfort or twitching in the legs that occurs after going to bed and often leads to insomnia. May be caused by an iron deficiency or low iron levels.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|-------------------|
| 4 | Calcium | 2-4 TBL |
| 1 | Iron | 1 tsp |
| 4 | Magnesium | 4 TBL |
| 4 | Potassium | 2TBL (morning) |
| 1 | Cili Fruit Raw Pulp | 1 tsp twice daily |

92. RINGWORM

Any of a number of contagious fungal skin diseases characterized by ring shaped, scaly itching patches on the skin.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---|---|
| 4 | Copper | 4 TBL |
| 2 | Silver | 1 TBL (morning & evening) orally Apply topically throughout the day to affected area |
| 1 | Essential Oil of Oregano Stabilized Oxygen OXYGEN THERAPY | apply topically 10 drops 3 times daily* as directed |

(Please call _____ as this protocol requires more information for the individual)

*DO **NOT** EXCEED THE RECOMMENDED DOSE

93. SENILE LENTIGO (AGE/LIVER SPOTS) – see Age / Liver Spots**94. SHINGLES**

An acute infection caused by a *herpes* virus and characterized by inflammation of certain spinal or *cranial* nerves and the eruption of *vesicles* along the affected nerve path. It usually strikes only one side of the body and is often accompanied by severe pain.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|---|
| 1 | Copper | apply topically throughout the day to affected area |
| 1 | Silver | apply topically throughout the day to affected area |
| | Folic Acid | as directed |
| | Vitamin B-complex | as directed |

**Herpes* – and one of various virus diseases causing spreading blister-like blotches o the skin or mucous membrane.

***Cranial* - of or having to do with the skull; from the skull.

****Vesicles* - a small bladder, cavity, sac, or cyst, especially one filled with fluid. A blister is a vesicle in the skin.

95. SLEEP APNEA

A temporary *cessation* of breathing caused by upper airway obstruction during sleep, associated with frequent awakening and often with daytime sleepiness.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|-------------------|
| 1 | CalGold | 1TBL (evening) |
| 1 | Platinum | 1-2 tsp (morning) |
| 1 | Potassium | 1-2 tsp (morning) |

**Cessation* – a stopping, a ceasing, discontinuance.

96. STOMACH ACID / LOW – see Low Stomach Acid**97. STROKE**

A sudden loss of brain function caused by a blockage or rupture of a blood vessel to the brain, characterized by loss of muscular control, dizziness, slurred speech, or other symptoms that vary with the extent of the damage to the brain.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|--|
| 8 | Calcium | 4 TBL |
| 2 | Copper | 1 TBL |
| 4 | Germanium | 2 TBL |
| 1 | Gold | 1-2 tsp (evening) |
| 4 | Magnesium | 2 TBL |
| 2 | Potassium | 1 TBL (morning) |
| 1 | Selenium | 2 tsp (morning) |
| 4 | Sulfur | 2 TBL |
| 2 | Water of Life | 1 TBL (morning) |
| 4 | Zinc | 2 TBL |
| | Cayenne Pepper | as much as person can tolerate |
| 2 | Cili Fruit Raw Pulp | 3 tsp twice daily |
| | DHA | as directed |
| | Lecithin | as directed |
| | Ozonated water | drink 16 ounces of water that has been ozonated for 15 minutes |
| 1 | Stabilized Oxygen | as directed |
| | OZONE THERAPY | as directed |

(Please call _____ as this protocol requires more information for the individual)

***DO NOT EXCEED THE RECOMMENDED DOSE OR COMBINE DOSAGES**

98. TOE NAIL FUNGUS / ATHLETE'S FOOT – see Athlete's Foot**99. TREMORS**

An involuntary trembling movement.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|---------------------------|
| 4 | Calcium | 2TBL |
| 4 | Magnesium | 2 TBL |
| 2 | Manganese | 2 tsp |
| 1 | Potassium | 1 tsp (morning) |
| 2 | Selenium | 2 tsp - 1 ounce (morning) |
| 4 | Sulfur | 2 TBL |
| 1 | Cili Fruit Raw Pulp | 2 tsp twice daily |
| | Lecithin | 2000-3000mg |

100. TRIGEMINAL NEURALGIA – TIC DOULOUREUX (FRENCH)

Paroxysmal shooting pains of the facial area around one or more branches of the *trigeminal* nerve, of unknown cause, but often precipitated by touching specific areas in or about the mouth.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------|------------------------|
| 8 | Calcium | 4 TBL |
| 8 | Germanium | 3-4 TBL |
| 8 | Magnesium | 4 TBL |
| 1 | Manganese | 1 tsp |
| 4 | Sulfur | 2 TBL |
| 1 | Cili Fruit Raw Pulp | 1 tsp twice daily |
| | Lecithin | 3000mg |
| | Ozonated Water | 50-90 ounces daily |
| 1 | Stabilized Oxygen | as directed* |
| | Thiamin B-1 | 100mg and higher daily |
| | Vitamin B-complex | 100mg and higher daily |

Avoid stimulants such as: coffee, carbonated beverages, caffeine and cigarettes

**Trigeminal* –of or denoting the fifth pair of cranial nerves, each of which divides into three branches having sensory and motor functions in the face.

101. TRIGLYCERIDES & HIGH CHOLESTEROL – see High Cholesterol & Triglycerides**102. ULCERATIVE COLITIS & CROHN'S DISEASE** - see Crohn's Disease & Ulcerative Colitis**103. ULCERS / GASTRO INTESTINAL**

A lesion of the mucous membrane, either the stomach or *duodenum* that is accompanied by formation of pus and *necrosis* of surrounding tissue, usually resulting from inflammation.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---------------------------------|--|
| 8 | Calcium | 4 TBL |
| 1 | Copper | 1 tsp |
| 4 | Germanium | 2 TBL |
| 2 | Gold | 1 TBL (evening) |
| 8 | Magnesium | 4 TBL |
| 4 | Manganese | 2 TBL |
| 8 | Silver | 4 TBL |
| 8 | Sulfur | 4 TBL |
| 4 | Zinc | 2 TBL |
| | Cabbage Juice | drink freely**** |
| | Cayenne Pepper | very healing especially if there is bleeding |
| 2 | Cili Fruit Raw Pulp | 4 tsp twice daily |
| | George's Aloe Vera gel or juice | as directed |
| | Slippery Elm | as directed |
| | Sodium | substitute Sea Salt for your table salt |
| 1 | Stabilized Oxygen | as directed***** |

**Duodenum* – the first part of the small intestine, just below the stomach, which ends at the jejunum.

***Jejunum* – the middle portion of the small intestine, between the duodenum and the ileum.

****Necrosis* – the death or decay of body tissue, mortification, gangrene. It may result from a degenerative disease, stoppage of the oxygen supply, infection, or destructive burning or freezing.

*****Cabbage juice* is also recommended for heartburn attacks

*******DO NOT EXCEED RECOMMENDED DOSAGE**

104. VARICOSE VEINS

The condition of having abnormally dilated or swollen veins, especially in the legs. In advanced cases of varicose veins, bluish knotty lumps form along the vein.

| <u>CONTAINER</u> | <u>PRODUCT NAME</u> | <u>DOSAGE</u> |
|------------------|---|----------------------------------|
| 4 | Copper | 2 TBL |
| 4 | Germanium | 2 TBL |
| 4 | Manganese | 2 TBL |
| 8 | Sulfur | 4 TBL |
| 2 | Water of Life | 1 TBL (morning) |
| 2 | Zinc | 1 TBL |
| 1 | Cili Fruit Raw Pulp Grape Seed Extract | 2 tsp twice daily as directed |

105. WHOOPING COUGH (PERTUSSIS) – see Pertussis / Whooping Cough

106. WILSON'S DISEASE (HEPATO LENTICULAR DEGENERATION) – see Hepatolenticular Degeneration (Wilson's Disease)

107. YEAST INFECTION / CANDIDIASIS – see Candidiasis / Yeast Infection